

**AQUINAS INSTITUTE OF THEOLOGY  
SYLLABUS**

**FRM-D503**

**Lay Spiritual Formation III**

**1 Credit**

**Marian Love**

[love@ai.edu](mailto:love@ai.edu)

314-256-8883

**Office Hours: Call for appointment**

**Fall 2012**

**Tuesdays, 4:30-6:10pm**

**9/4, 9/11, 9/18, 9/25, 10/2,**

**10/30, 11/6, 11/13, 11/20, 11/27**

**Semester Retreat: TBA**

**Course Description:** The focus of Lay Formation III is exploring the process of discernment pertaining to gifts, call and ministry, and applying the discernment process to individual context. Emphasis will be placed on the participants to challenge and support each other in spiritual growth, community building and collaboration. Participants will be engaged in reading, theological reflection, journaling, group discussion and sharing. Students will continue to review and update formation goals. Each participant will develop and lead group prayer over the course of the semester, and attend a one day group retreat.

**Course Objectives:**

1. To present a process of discernment useful for life and ministry.
2. To create an atmosphere for a “wisdom community” in which students can experience the support and honest feedback of others ‘on the journey’.
3. To offer the opportunity to lead prayer for others around key themes and topics.
4. To provide an opportunity to meet with the formation director at least once a semester to review and discuss goal development, progress and strategies for achieving the goals and to provide other opportunities for participants to present issues and concerns that require support and direction as needed.
5. To develop and facilitate a day of reflection for the students that encourages a deeper sense of community and provides an atmosphere for spiritual growth.

**Required Texts:**

1. Gula, Richard. *The Way of Goodness and Holiness: A Spirituality for Pastoral Ministers*. Collegeville, MN, Liturgical Press, 2011.
2. Silf, Margaret. *Inner Compass: An Invitation to Ignatian Spirituality*. Chicago, IL: Loyola Press, 1999. ISBN 0-8294-1366-9

**Articles as assigned**, available on SLU e-reserve, password: frm3