

AQUINAS INSTITUTE OF THEOLOGY

FRM-D506-01

Lay Spiritual Formation VI

1 Credit

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Tuesdays 9:30am-11:10am

1/19, 2/9, 3/2, 3/23, 4/6, 4/27

Semester Retreat: TBA

Course Description: Lay Spiritual Formation VI will focus on particular needs of students in terms of deepening spirituality, ongoing discernment, challenges and concerns of ministry. The size and tasks of the group will vary, depending on the current number of students. Seminars, directed readings, written reflections, group prayer, sharing and discussion, and individual or group retreat experiences will be the format, adjusted to the needs of the individual or group. Ongoing review and development of spiritual and ministerial goals focused on ministry or work beyond Aquinas will continue throughout the semester.

Course Objectives:

1. To continue and deepen the integration of spirituality, psychology, theology and ministry as wholistic aspects of mature development for lay ministry.
2. To encourage growth in relationship with God and the ability to discern the presence and action of God in one's context.
3. To create an atmosphere of openness and trust for community, prayer and discussion where applicable.
4. To offer the opportunity to lead prayer around key themes and topics if there is a group.
5. To provide opportunities to meet with the formation director to review and discuss goals and progress and for any issues or concerns that require support and direction.

Course Evaluation Criteria This is a pass/fail course. In order to receive passing grade:

Attend all class sessions and semester day of retreat. *Exceptions handled on an individual basis.*

Demonstrate the capacity for self-reflection concerning personal, spiritual and ministerial issues.

Display professional ministerial behavior, e.g., punctuality, dependability, investment, initiative, attitude of openness, honesty, and respect.

Exhibit growth in spirituality and ministerial identity that demonstrate ministerial readiness.

Show evidence of having read and reflected upon assigned reading through quality class participation, written reflections, and final paper.

Quality participation in class discussions, faith sharing, and retreat experience.

Attention and effort towards formation goals as evidenced by review and update of goal sheet.

Develop and lead a quality prayer experience with the group that shows growth in content and confidence.

Meet one on one with Formation Director at least once during the semester.

Accomplish learning outcomes as stated above.

Required Text: TBD by individual student or group and instructor