

Backpacking with the Saints

Nature Wandering as Spiritual Practice

Professor Belden Lane draws on his years of solo backpacking (biking along Missouri trails) to suggest a pattern of Wilderness Spirituality that can be lived in everyday life. "Going out" into nature, as John Muir said, is really a way of "going in" to the heart of things.



Tuesday evenings: 6:30-9:00 p.m.

February 25: Nature Wandering and Outdoor Reading

March 4: The importance of traveling light with Dag Hammarskjold

March 11: The practice of mindfulness with Thich Nhat Hanh

March 18: Failure and forgiveness with Martin Luther

March 25: The Celebration of Holy Folly with Thomas Merton

\$25 per session; \$100 for all five sessions — attend as many as you wish.



23 S. Spring St. Louis, MO 63108

www.ai.edu / 314-256-8800



Theology for Life series - Spring 2014

Name: _____

Address: _____

City, State, Zip: _____

Primary Contact Number: _____

Email Address: _____

Feb. 25

Mar. 4

Mar. 11

Mar. 18

Mar. 25

All five sessions (Must pay in full in advance -or- at the door on the first night to receive the special discount rate)

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If paying as you go, we prefer cash or check

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